

Rediscover the Freedom of Living: Don't let BPH affect your daily life



UROLOGY

UroLift at RAK Hospital



At RAK Hospital, we are dedicated to offering cutting-edge solutions for your health. For men experiencing urinary challenges due to an enlarged prostate (BPH – Benign Prostatic Hyperplasia), the UroLift System provides a revolutionary, minimally invasive treatment option.

What is UroLift?

The UroLift System is an innovative procedure that relieves the symptoms of BPH by lifting and holding the enlarged prostate tissue out of the way, so it no longer blocks the urethra. Unlike traditional surgeries, UroLift does not require any cutting, heating, or removal of prostate tissue, ensuring a faster recovery and fewer side effects.

Why Choose UroLift?

Minimally Invasive Procedure:

UroLift uses tiny implants to lift and hold the prostate tissue away from the urethra, eliminating the need for cutting, heating, or removing prostate tissue.

Quick Recovery:

Most patients can resume normal activities within a few days, making UroLift a convenient option for those with busy lifestyles.

Preserves Sexual Function:

Unlike other surgical techniques, UroLift avoids nerve and muscle damage, preserving sexual and urinary functions, including ejaculation.

No Need for Long-Term Medication:

UroLift provides immediate and lasting symptom relief, reducing or eliminating the need for ongoing medication and its associated side effects.

Day Care Procedure:

The procedure is typically performed in an outpatient setting, often without requiring general anesthesia, making it safer and more accessible.

Clinically Proven Results:

UroLift has demonstrated significant and sustained improvements in urinary symptoms, flow rates, and quality of life through numerous clinical studies.

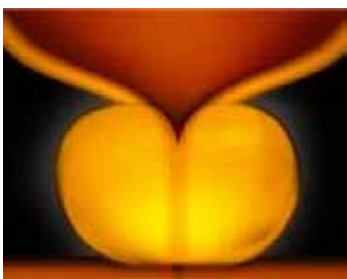
Who Can Benefit?

UroLift is suitable for men experiencing the common symptoms of BPH, such as:

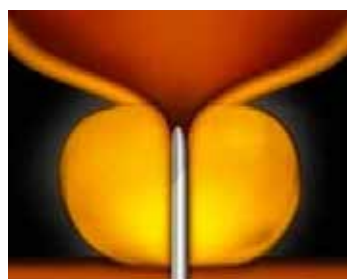
- Frequent urination, especially at night.
- Weak or interrupted urine flow.
- Difficulty starting or stopping urination.

Expert Care at RAK Hospital

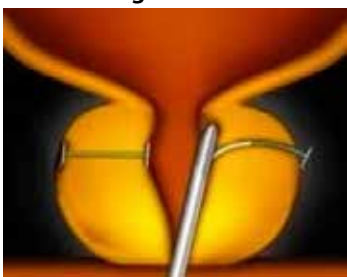
Our urology specialists at RAK Hospital are trained to provide personalized care with the latest advancements like UroLift.



Enlarged Prostate



Step - 1



Step - 2



Step - 3



Dr. Keshavamurthy Mohan
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Consultant Urologist
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News

Breathe easy: Sleep apnea is dangerous but treatments are available



The National, 29 Nov 2024

Dr Waseem Dar, specialist neurologist at RAK Hospital, says: “Being overweight or obese is a major risk factor for obstructive sleep apnea. Obese individuals are four times at the greater risk of obstructive sleep apnea than those in a normal weight range. A 10 per cent weight gain is associated with a 30 per cent increase in risk of sleep apnea.

From straight-A student to digital addict': How alarming rise of 'Brain Rot' is rewiring young minds



Khaleej Times, UAE – Mon 9 Dec 2024

Dr Noushin Mehrbod, specialist neurologist, RAK Hospital, describes the phenomenon as a vicious cycle: “The constant multitasking—scrolling, liking, and commenting—trains the brain to expect instant gratification. Over time, this reduces the brain’s gray matter and neuroplasticity, hindering its ability to adapt, learn, or focus deeply.”

Dia Beat It Walk 2024: A Step towards Diabetes Awareness and a Healthier Future



Ras Al Khaimah: Safar News

RAK Mall, in collaboration with RAK Hospital, successfully hosted the much-anticipated ‘Dia Beat It Walk 2024’, to raise awareness about diabetes and promote a healthy and active lifestyle. The event, held at the outdoor parking area of RAK Mall, commenced at 3:30 p.m. and drew a vibrant crowd, reinforcing the community’s commitment to combating diabetes.

RAK Hospital Celebrates the Strength and Courage of Premature Babies and Their Families



UAE News 4U – 18 December 2024; Ras Al Khaimah, UAE

In a heartfelt celebration of resilience and triumph, RAK Hospital hosted an inspiring event to honor premature babies and their families. The event featured expert talks from neonatal specialists, inspiring stories shared by parents, fun-filled activities, and delightful giveaways for children. This joyous occasion not only highlighted the incredible journeys of these little fighters but also underscored the hospital’s commitment to neonatal care excellence.

Events

53rd UAE Eid Al Etihad Celebration

RAK Hospital celebrated the unity, rich heritage, and remarkable progress of the UAE, honored the nation's journey of resilience, innovation, and shared values.



Health Screening Camp at AG Metal Industries

The Health Screening Camp at AG Metal Industries focused on early detection and preventive care. The team conducted essential check-ups and shared valuable health tips.



Promotions

<p>Turn Back Time with Botox Your Solution to Wrinkle-Free Skin</p> <p>AED 2000/- - AED 1400/-</p> <p>For Appointments WhatsApp or Call +971 7 207 4444</p>	<p>Nourish Your Skin with Mesotherapy A Modern Solution for Skin Care</p> <p>AED 800/- - AED 400/-</p> <p>For Appointments WhatsApp or Call +971 7 207 4444</p>	<p>Struggling with Obesity? Endoscopic Gastric Balloon A MODERN APPROACH TO LASTING WEIGHT LOSS</p> <p>AED 8000/- - AED 12000/-</p> <p>For Appointments WhatsApp or Call +971 7 207 4444</p>	<p>Struggling with Enlarged Prostate? UroLift A Minimal Invasive Procedure to treat BPH with preservation of sexual function</p> <p>AED 15000/- - AED 20000/-</p> <p>For Appointments WhatsApp or Call +971 7 207 4444</p>
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